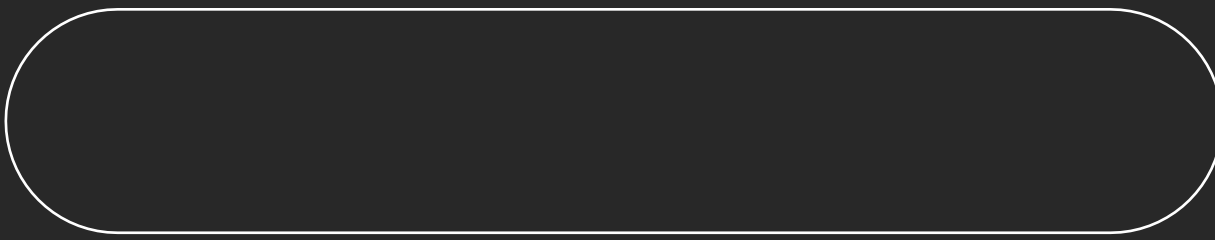


MOTIVATIONAL INTERVIEWING TRAINING EXPECTATIONS





What might you expect out of different lengths and types of SDF Motivational Interviewing (MI) training?



Motivational Interviewing in Brief Conversations E-learning Module

Duration: 2hrs.

The e-learning module can acquaint participants with basic concepts and methods of MI, but is unlikely to increase the skilfulness of participants in the practice of MI. The purpose of this type of learning is to help participants determine how interested they are in learning more about MI.

A Taste of Motivational Interviewing

Duration: 3hrs.

This trainer-led session is intended to acquaint participants with the basic concepts and method of MI which may be of interest to those looking to develop an awareness of this evidence-based method. This session is not designed to be a training course in MI and is not likely to increase the skilfulness of participants in the practice of MI. Expect a mix of didactic presentation, group discussion and demonstrations.

The Bronze Badge | Introduction to Motivational Interviewing

Duration: 3 to 4 days.

The Bronze Badge is intended for participants interested in beginning or refreshing their knowledge and skills in MI practice and will begin to support implementation into the participants' own practice setting. This training provides a comprehensive, interactive and practical learning experience in MI. A reasonable goal for this level of training is not MI proficiency, but rather to introduce the application of MI skills and strategies to help people who present as ambivalent find and build their own motivation for change. Expect a mix of didactic presentation, group discussion, demonstrations, and practise exercises as well as observation and feedback.

The Silver Badge | Practice Development Coaching in Motivational Interviewing

Duration: 6 half day sessions over 12 weeks.

The Silver Badge is intended for participants who have learned the fundamentals of MI, practiced it and now seek opportunities for extensive and focused practise with the skills introduced within the Bronze Badge. To receive personal coaching and feedback to advance implementation of MI into work practice. Expect numerous participatory activities which serve to enhance capacity to become more intentional, strategic, and purposeful in MI with clients. Coaching provides refining and advancement of skills along with direct observation of a participant's MI practice. Descriptive feedback of strengths is also provided and an opportunity for the coach to work with learners to identify areas and strategies for improvement. Submission of a 1000 word written MI transcript analysis is required for assessment to evidence understanding of MI theory and practice.

The Gold Badge | The Advanced Motivational Interviewing Practitioner Certificate

The Gold Badge is intended for participants who have completed the Silver Badge and wish to evidence that they have met the basic competence and proficiency thresholds toward fidelity in MI practice. In addition, seeking to evidence their written understanding of MI theory and practice. Expect formal assessments of MI skilfulness using the Motivational Interviewing Treatment Integrity (MITI) Coding Manual and structured, formal feedback on strengths of MI practice and ways to improve toward proficiency. Submission of a 1000 word written transcript analysis and three 20-minute audio recording practice samples of MI practice is required for assessment.



FIND OUT MORE

Ready to take the next step?

We will be happy to talk you through the SDF MI learning and development opportunities, answer any questions you have, and get you started on your learning journey.

Get in touch today:

Email: workforcedevelopment@sdf.org.uk

Telephone: 0141 221 1175





A Scotland free from
drug-related health and
social harm.

 **VISION**


MISSION

To improve Scotland's approach to drug-related issues. We influence this through our work by striving for compassionate, inclusive, evidence informed policy and practice.

You can learn more about the training that we offer on our website:
<https://sdf.org.uk/work/learning-and-development/wfd-training>

You can access our free e-learning courses here:
<https://www.sdftraining.org.uk/e-learning>

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